

The Early Years Bookmark

Development

112

- For more information search
“I Am Ready Booklet” at 2000days.ca

Immunizations

293

Nutrition

164

- Introduce solids around 6 months of age. For more resources visit ahs.ca and in the search box enter
“nutrition education materials.”

Preventing Injuries

146

- Rolling, choking, and safe sleep

Sleeping

130

Teeth and Mouth

127

- Wipe down gums
- Teething

Young Babies: 4 to 6 Months



We are now online

For more information search “young babies” at healthyparentshealthychildren.ca

